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## *WHAT YOU SHOULD KNOW ABOUT BOTOX*

- ◆ **Botox** is the trade name for the injectable medication, Botulinum toxin.
- ◆ Used in minute quantities, it has successfully treated facial spasms, double vision and vocal cord spasms.
- ◆ Over the past decade, it has been used to diminish "dynamic" wrinkles such as those that are created when we smile or frown.
- ◆ Botox is not used for "static" wrinkles—those that are apparent at rest.
- ◆ Botox works by weakening the specific muscle into which it is injected.
- ◆ It may take up to one week before the Botox takes full effect.
- ◆ The effects of Botox are temporary. It usually lasts between 3-6 months.
- ◆ To maintain the effect requires repeated injections. It has been found that over time, the effects of Botox last longer.
- ◆ There are side effects.
  - ◆ Bruising and swelling may occur. This is temporary.
  - ◆ Asymmetry of facial expression may occur. This is reversible.
  - ◆ Drooping of an eyelid may occur when injecting the glabella frown lines. This is reversible.
  - ◆ Drooping of an eyebrow may occur when injecting the forehead.. This is reversible.

## ***POST-TREATMENT CARE***

- ✓ Place a bag of ice wrapped in a washcloth over the injected area for 20 minutes.
- ✓ Maintain a sitting or standing position for 4-6 hours after the injection. Do not lay down during this period.
- ✓ Should there be bruising/swelling. Use the ice bag 20 minutes on 20 minutes off while you are awake for the next 24 hours.
- ✓ Should you have difficulty with your vision due to swelling or any concerns, please call our clinic. 650.725.5272 and ask for Dr. Gladstone. If the clinic is closed, please call the hospital paging operator at 650.723.6661 and ask for Dr. Gladstone. If there is no response to your page, please ask for the dermatologist on call.