



HAYES B. GLADSTONE, M.D.

Director

Moh's Micrographic Surgery

Cutaneous Laser Surgery

Aesthetic Dermatologic Surgery

450 Broadway Street, Pavilion B, 4th Floor

Redwood City, CA 94063

Tel. (650) 725-5272 • Fax. (650) 721-3451

www.stanfordskincenter.com

WHAT YOU SHOULD KNOW ABOUT SCLEROTHERAPY

The special medicine that was injected causes the walls of the little veins to become irritated and collapse without harmful effect elsewhere in the body. However, you may note any of the following during the healing period:

- ◆ ***Irritation:*** At first, there is some redness, irritation and swelling in the areas injected. This may last for a day or two.
- ◆ ***Delayed Response:*** Veins irritated sufficiently to collapse may not do so for 1 to 3 days after treatment. Don't be overly concerned if you see no effect during the first several days.
- ◆ ***Tenderness:*** Some people note a small zone of tenderness associated with a bruise or a dark blue-black vein that may be quite firm and tender to the touch. These changes might indicate a localized blood clot. If tenderness persists, please call us.
- ◆ ***Pigmentation:*** Over a period of 2 weeks to several months, some patients notice a few brown discolored spots where veins have been injected. These pigmented areas will fade slowly and we have special creams to help things along.
- ◆ ***Small Sore:*** On rare occasions, a few people note a small zone of irritation and scab formation. This is a little sore that heals by itself over 1 to 3 weeks.
- ◆ ***Blush Veins:*** Sometimes there are mats of very fine new veins that form where originally other individual larger veins were. The formation of these new veins is totally unpredictable and quite uncommon. Some may prove resistant to removal.
- ◆ ***Remember:*** *Not all veins disappear in any one treatment! Sclerotherapy treatment does not prevent new veins from forming.*

POST TREATMENT CARE

- ✓ You may resume your normal activities.
- ✓ For tender sites, we ask that you wrap these areas with an ace bandage for 1-3 days after treatment.
- ✓ If you experience tenderness, you may take 2 buffered aspirin every four hours while awake for 1-3 days following the treatment.
- ✓ If your tenderness persists, please call the Dermatology Clinic at 650-725-5272.
- ✓ If you develop a sore at an injection site, please notify us.